

Name	Serving Size Quantity	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (mg)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Total Dietary Fiber (g)	Total Sugars (g)	Protein (g)	Notes 1
MAZZIO'S - Apple Topping Dessert Pizza (Buffet)	12	210	50	6	1.5	0	0	170	37	1	16	3	Analysis for 1 slice/12 slices per pizza.
MAZZIO'S - Bacon Stuffed Crust Pizza (Base Prep)	10	340	140	15	6	0	35	760	38	1	3	14	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Brownies	1	1870	800	89	20	0	200	1130	262	10	184	17	Analysis for entire recipe.
MAZZIO'S - Buffet Brownies	1	5480	2310	257	55	0	600	3430	776	27	543	52	Analysis for entire recipe.
MAZZIO'S - Buffet Pizza Multi Topping: 4-Cheese Blend	1	80	50	6	4	0	25	250	1	0	0	5	
MAZZIO'S - Buffet Pizza Multi Topping: Artichokes	1	15	0	0	0	0	0	220	4	1	1	1	
MAZZIO'S - Buffet Pizza Multi Topping: Bacon	1	250	160	17	6	0	75	1210	1	0	1	24	
MAZZIO'S - Buffet Pizza Multi Topping: Beef	1	180	140	15	7	0	40	500	1	0	0	9	
MAZZIO'S - Buffet Pizza Multi Topping: Black Olives	1	130	100	11	2	0	0	530	4	0	0	0	
MAZZIO'S - Buffet Pizza Multi Topping: Canadian Bacon	1	70	30	3.5	1.5	0	30	600	0	0	0	10	
MAZZIO'S - Buffet Pizza Multi Topping: Chicken	1	60	10	1.5	0	0	30	320	1	0	0	11	
MAZZIO'S - Buffet Pizza Multi Topping: Feta Cheese	1	80	60	6	4	0	20	320	1	1	0	5	
MAZZIO'S - Buffet Pizza Multi Topping: Fresh Mushrooms	1	5	0	0	0	0	0	0	1	0	1	1	
MAZZIO'S - Buffet Pizza Multi Topping: Green Peppers	1	15	0	0	0	0	0	0	3	1	2	1	
MAZZIO'S - Buffet Pizza Multi Topping: Ham	1	70	25	2.5	1	0	30	520	0	0	0	11	
MAZZIO'S - Buffet Pizza Multi Topping: Italian Sausage	1	170	130	15	5	0	35	420	1	1	0	8	
MAZZIO'S - Buffet Pizza Multi Topping: Jalapenos	1	10	0	0	0	0	0	1200	2	2	0	0	
MAZZIO'S - Buffet Pizza Multi Topping: Mozzarella	1	80	50	6	3.5	0	20	170	1	0	0	5	
MAZZIO'S - Buffet Pizza Multi Topping: Mushrooms	1	10	0	0	0	0	0	190	3	2	0	2	
MAZZIO'S - Buffet Pizza Multi Topping: Pepperoncini	1	10	0	0	0	0	0	310	3	0	0	0	
MAZZIO'S - Buffet Pizza Multi Topping: Pepperoni	1	210	180	20	9	0	55	710	0	0	0	8	
MAZZIO'S - Buffet Pizza Multi Topping: Pineapple	1	45	0	0	0	0	0	11	1	10	1	1	
MAZZIO'S - Buffet Pizza Multi Topping: Red Onions	1	30	0	0	0	0	0	7	1	3	1	1	
MAZZIO'S - Buffet Pizza Multi Topping: Salami	1	210	160	18	7	0	50	950	0	0	0	12	
MAZZIO'S - Buffet Pizza Multi Topping: Sausage	1	170	130	15	5	0	40	510	1	0	0	8	
MAZZIO'S - Buffet Pizza Multi Topping: Tomatoes	1	15	0	0	0	0	0	0	3	1	2	1	
MAZZIO'S - Buffet Pizza Single Topping: 4-Cheese Blend	1	80	50	6	4	0	25	250	1	0	0	5	
MAZZIO'S - Buffet Pizza Single Topping: Artichokes	1	20	0	0	0	0	0	260	5	1	1	1	
MAZZIO'S - Buffet Pizza Single Topping: Bacon	1	380	240	26	9	0	110	1810	2	1	2	36	
MAZZIO'S - Buffet Pizza Single Topping: Beef	1	270	210	23	10	0	65	750	1	0	0	13	
MAZZIO'S - Buffet Pizza Single Topping: Black Olives	1	160	120	13	2.5	0	0	640	4	0	0	0	
MAZZIO'S - Buffet Pizza Single Topping: Canadian Bacon	1	110	50	5	2.5	0	45	900	0	0	0	15	
MAZZIO'S - Buffet Pizza Single Topping: Chicken	1	90	20	2	0.5	0	45	490	2	0	0	16	
MAZZIO'S - Buffet Pizza Single Topping: Feta Cheese	1	80	60	6	4	0	20	320	1	1	0	5	
MAZZIO'S - Buffet Pizza Single Topping: Fresh Mushrooms	1	10	0	0	0	0	0	0	2	1	1	2	
MAZZIO'S - Buffet Pizza Single Topping: Green Peppers	1	15	0	0	0	0	0	0	4	1	2	1	
MAZZIO'S - Buffet Pizza Single Topping: Ham	1	100	35	4	1.5	0	45	780	1	0	1	16	
MAZZIO'S - Buffet Pizza Single Topping: Italian Sausage	1	260	200	22	8	0	55	620	2	1	0	12	
MAZZIO'S - Buffet Pizza Single Topping: Jalapenos	1	15	0	0	0	0	0	1440	3	3	0	0	
MAZZIO'S - Buffet Pizza Single Topping: Mozzarella	1	80	50	6	3.5	0	20	170	1	0	0	5	
MAZZIO'S - Buffet Pizza Single Topping: Mushrooms	1	15	5	0	0	0	0	230	3	3	0	2	
MAZZIO'S - Buffet Pizza Single Topping: Pepperoncini	1	20	0	0	0	0	0	620	6	0	0	0	
MAZZIO'S - Buffet Pizza Single Topping: Pepperoni	1	280	240	26	12	0	70	950	0	0	0	10	
MAZZIO'S - Buffet Pizza Single Topping: Pineapple	1	60	0	0	0	0	0	13	1	12	1	1	
MAZZIO'S - Buffet Pizza Single Topping: Red Onions	1	35	0	0	0	0	0	8	1	4	1	1	
MAZZIO'S - Buffet Pizza Single Topping: Salami	1	320	250	27	11	0	75	1430	0	0	0	18	
MAZZIO'S - Buffet Pizza Single Topping: Sausage	1	260	200	22	8	0.5	55	770	1	0	1	13	
MAZZIO'S - Buffet Pizza Single Topping: Tomatoes	1	15	0	0	0	0	0	0	3	1	2	1	
MAZZIO'S - Calzone - 2 Meat (Buffet)	1	231	75	8	4	0	21	503	30	1	0	9	Analysis for 1/10 Calzone
MAZZIO'S - Calzone - 4 Meat	1	252	89	10	4	0	25	551	31	1	3	10	Analysis for 1/10 Calzone
MAZZIO'S - Calzone - Ham, Bacon, Cheddar	1	228	62	7	3	0	21	494	31	1	3	11	Analysis for 1/10 Calzone
MAZZIO'S - Calzone - Pepperoni	1	239	80	9	4	0	22	525	31	1	3	9	Analysis for 1/10 Calzone
MAZZIO'S - Cheese Dippers - (Large)	1	3240	1430	159	48	2	190	5180	359	9	25	95	Analysis for entire recipe
MAZZIO'S - Cheese Dippers - (Small)	1	1270	540	60	19	1	75	2070	144	6	13	39	Analysis for entire recipe
MAZZIO'S - Cheese Stuffed Crust Pizza (Base Prep)	10	320	120	14	6	0	30	640	38	1	3	12	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Cheese Stuffed Crust Pizza (Base Prep) + 1 Topping (high end)	10	370	150	17	7	0	45	880	38	1	3	16	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Cheese Stuffed Crust Pizza (Base Prep) + 1 Topping (low end)	10	320	120	14	6	0	30	640	38	2	3	12	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Chef's Salad	1	310	160	17	8	0	70	1170	17	3	4	24	Analysis does not include dressing.
MAZZIO'S - Chicken Alfredo Bake	1	1490	790	87	45	1.5	275	2320	107	6	5	63	
MAZZIO'S - Chicken Alfredo Family Bake	1	4110	2160	240	116	4	660	6120	320	18	13	151	Analysis for entire recipe
MAZZIO'S - Chicken Bacon Alfredo Pizza (10" Gluten Free)	6	210	90	10	5	0	30	440	21	1	2	9	Analysis for 1 slice/6 slices per pizza
MAZZIO'S - Chicken Bacon Alfredo Pizza (12" Original)	8	270	100	11	6	0	40	540	28	1	2	13	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Chicken Bacon Alfredo Pizza (12" Thin)	8	210	100	11	6	0	40	470	16	1	1	12	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Chicken Bacon Alfredo Pizza (14" Deep Dish)	10	390	180	20	7	0	45	700	38	1	3	15	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Chicken Bacon Alfredo Pizza (14" Original)	10	300	110	13	6	0	45	600	31	1	3	14	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Chicken Bacon Alfredo Pizza (14" Thin)	10	230	110	12	6	0	45	520	18	1	2	13	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Chicken Bacon Alfredo Pizza (9" Original)	6	200	80	9	4	0	30	420	20	1	2	10	Analysis for 1 slice/6 slices per pizza
MAZZIO'S - Chicken Bacon Alfredo Pizza (9" Thin)	6	160	70	8	4	0	30	370	12	1	1	9	Analysis for 1 slice/6 slices per pizza
MAZZIO'S - Chicken Caesar Salad	1	270	90	10	3.5	0	75	990	18	2	1	29	Analysis does not include dressing.
MAZZIO'S - Chicken Club Pizza (10" Gluten Free)	6	180	70	8	3.5	0	25	480	21	1	2	8	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Chicken Club Pizza (12" Original)	8	240	70	8	4	0	30	610	28	1	2	13	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Chicken Club Pizza (12" Thin)	8	180	70	8	3.5	0	30	540	16	1	1	11	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Chicken Club Pizza (14" Deep Dish)	10	350	140	16	5	0	35	750	37	1	3	15	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Chicken Club Pizza (14" Original)	10	260	80	9	4	0	35	650	31	1	3	14	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Chicken Club Pizza (14" Thin)	10	190	70	8	4	0	35	560	18	1	2	12	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Chicken Club Pizza (9" Original)	6	170	60	6	3	0	25	460	19	1	2	10	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Chicken Club Pizza (9" Thin)	6	130	60	6	3	0	25	410	12	1	1	8	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Chicken Spinach Alfredo Pizza (10" Gluten Free)	6	190	80	9	4.5	0	30	380	21	1	1	8	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Chicken Spinach Alfredo Pizza (12" Original)	8	260	90	10	5	0	40	510	28	1	2	13	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Chicken Spinach Alfredo Pizza (12" Thin)	8	200	90	10	5	0	40	430	16	1	1	12	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Chicken Spinach Alfredo Pizza (14" Deep Dish)	10	380	170	19	7	0	45	660	38	2	3	15	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Chicken Spinach Alfredo Pizza (14" Original)	10	290	100	12	6	0	45	560	31	1	2	14	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Chicken Spinach Alfredo Pizza (14" Thin)	10	220	100	11	6	0	45	480	18	1	1	13	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Chicken Spinach Alfredo Pizza (9" Original)	6	180	70	7	4	0	30	360	20	1	1	9	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Chicken Spinach Alfredo Pizza (9" Thin)	6	140	60	7	4	0	30	310	12	1	1	8	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Chicken Spinach Artichoke Pasta (Local Favorite)	1	1090	450	50	21	1	140	1690	106	8	5	52	
MAZZIO'S - Chocolate Chip Dessert Pizza (Buffet) (Local Favorite)	12	190	90	10	2	0	0	190	24	1	10	2	Analysis for 1 slice/12 slices per pizza.
MAZZIO'S - Chocolate Chip Dessert Pizza (Local Favorite)	10	120	60	6	1.5	0	0	115	15	0	6	1	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Chocolate Chunk Cookie (9")	1	1430	550	61	17	0	110	790	215	5	135	16	Analysis for entire recipe.
MAZZIO'S - Chocolate Chunk Cookie (Buffet)	1	3340	1300	145	45	1	250	1740	503	15	321	37	Analysis for entire recipe.
MAZZIO'S - Cinnaboli (Buffet)	1	3680	1250	140	22	1.5	0	4210	568	12	231	50	Analysis for entire recipe.
MAZZIO'S - Cinnaboli (Small)	1	1330	420	47	7	0	0	1540	213	4	85	19	Analysis for entire recipe.
MAZZIO'S - Cinnamon Sticks	1	2430	1270	142	22	1	0	2210	277	6	149	19	Analysis for entire recipe.
MAZZIO'S - Classic Nachos	1	1000	610	67	31	1.5	140	1740	60	6	0	41	
MAZZIO'S - Combo Pizza (10" Gluten Free)	6	190	80	9	4	0	20	430	22	1	2	6	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Combo Pizza (12" Original)	8	250	100	11	5	0	25	560	29	1	3	10	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Combo Pizza (12" Thin)	8	200	100	11	4.5	0	25	490	17	1	2	8	Analysis for 1 slice/8 slices per pizza.

MAZZIO'S - Combo Pizza (14" Deep Dish)	10	380	170	19	6	0	30	710	38	2	3	12	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Combo Pizza (14" Original)	10	280	110	12	5	0	30	610	32	2	3	11	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Combo Pizza (14" Thin)	10	220	100	12	5	0	30	520	19	1	2	9	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Combo Pizza (9" Original)	6	180	70	8	3.5	0	20	410	20	1	2	7	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Combo Pizza (9" Thin)	6	140	70	8	3.5	0	20	360	12	1	1	6	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Cookie Crunch Made w/ Oreos Cookies (9") (Local Favorite)	10	200	90	10	2	0	0	200	26	1	13	2	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Cookie Crunch Made w/ Oreos Cookies (Buffet) (Local Favorite)	12	280	120	14	2.5	0	0	270	36	1	17	3	Analysis for 1 slice/12 slices per pizza.
MAZZIO'S - CYO Base Cheese for 12 in Pizza (1 slice)	8	60	40	4	2.5	0	15	125	1	0	0	4	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - CYO Base Cheese for 12 in Pizza (whole)	1	450	300	34	21	1	125	1000	7	2	1	31	Analysis for base cheese for whole crust.
MAZZIO'S - CYO Base Cheese for 14 in Pizza (1 slice)	10	60	40	4.5	3	0	15	135	1	0	0	4	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - CYO Base Cheese for 14 in Pizza (whole)	1	600	400	45	28	1	165	1330	9	2	1	41	Analysis for base cheese for whole crust.
MAZZIO'S - CYO Base Cheese for 9 in Pizza (1 slice)	6	45	30	3.5	2	0	10	95	1	0	0	3	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - CYO Base Cheese for 9 in Pizza (whole)	1	260	180	20	12	0.5	70	580	4	1	0	18	Analysis for base cheese for whole crust.
MAZZIO'S - CYO Base Cheese for Gluten Free Pizza (1 slice)	6	45	30	3.5	2	0	10	95	1	0	0	3	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - CYO Base Cheese for Gluten Free Pizza (whole)	1	260	180	20	12	0.5	70	580	4	1	0	18	Analysis for base cheese for whole crust.
MAZZIO'S - CYO Deep Dish Pizza Crust 14 in (1 slice)	10	240	80	9	1.5	0	0	280	35	1	2	5	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - CYO Deep Dish Pizza Crust 14 in (1 whole)	1	2410	810	90	14	0	0	2840	351	9	24	50	Analysis for whole crust.
MAZZIO'S - CYO Gluten Free Crust 9 in (1 slice)	6	100	20	2.5	1	0	0	135	20	1	1	1	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - CYO Gluten Free Crust 9 in (whole)	1	620	130	14	4.5	0	0	810	117	3	6	6	Analysis for whole crust.
MAZZIO'S - CYO Lasagna Base Prep (no sauce)	1	490	210	23	14	0.5	145	800	47	3	6	24	
MAZZIO'S - CYO Lasagna Sauce: Alfredo	1	610	480	53	34	1.5	190	1220	10	0	3	19	
MAZZIO'S - CYO Lasagna Pasta Sauce: Marinara	1	130	5	0	0	0	0	65	27	7	14	6	
MAZZIO'S - CYO Lasagna Pasta Sauce: Meat Sauce	1	340	200	22	6	0	30	1450	22	6	11	11	
MAZZIO'S - CYO Lasagna Pasta Sauce: Red and White Sauce	1	500	320	36	22	1	125	850	24	5	11	17	
MAZZIO'S - CYO Lasagna Topping (Multi): 4-Cheese Blend	1	160	110	12	8	0	45	500	2	0	0	11	
MAZZIO'S - CYO Lasagna Topping (Multi): Artichokes	1	5	0	0	0	0	0	85	2	0	0	0	
MAZZIO'S - CYO Lasagna Topping (Multi): Bacon	1	130	80	9	3	0	35	600	1	0	1	12	
MAZZIO'S - CYO Lasagna Topping (Multi): Beef	1	180	140	15	7	0	40	500	1	0	0	9	
MAZZIO'S - CYO Lasagna Topping (Multi): Black Olives	1	50	40	4.5	1	0	0	210	1	0	0	0	
MAZZIO'S - CYO Lasagna Topping (Multi): Canadian Bacon	1	35	15	2	1	0	15	300	0	0	0	5	
MAZZIO'S - CYO Lasagna Topping (Multi): Chicken	1	60	10	1.5	0	0	30	320	1	0	0	11	
MAZZIO'S - CYO Lasagna Topping (Multi): Feta Cheese	1	160	110	13	8	0	40	640	3	1	0	9	
MAZZIO'S - CYO Lasagna Topping (Multi): Fresh Mushrooms	1	5	0	0	0	0	0	1	0	1	0	1	
MAZZIO'S - CYO Lasagna Topping (Multi): Green Peppers	1	5	0	0	0	0	0	1	0	1	0	1	
MAZZIO'S - CYO Lasagna Topping (Multi): Ham	1	35	10	1.5	0	0	15	260	0	0	0	5	
MAZZIO'S - CYO Lasagna Topping (Multi): Italian Sausage	1	170	130	15	5	0	35	420	1	1	0	8	
MAZZIO'S - CYO Lasagna Topping (Multi): Jalapenos	1	5	0	0	0	0	0	480	1	1	0	0	
MAZZIO'S - CYO Lasagna Topping (Multi): Mozzarella	1	150	100	11	7	0	40	330	2	1	0	10	
MAZZIO'S - CYO Lasagna Topping (Multi): Mushrooms	1	5	0	0	0	0	0	75	1	1	0	1	
MAZZIO'S - CYO Lasagna Topping (Multi): Pepperoni	1	140	120	13	6	0	35	480	0	0	0	5	
MAZZIO'S - CYO Lasagna Topping (Multi): Pineapple	1	20	0	0	0	0	0	4	0	4	0	4	
MAZZIO'S - CYO Lasagna Topping (Multi): Red Onions	1	10	0	0	0	0	0	0	3	0	1	0	
MAZZIO'S - CYO Lasagna Topping (Multi): Sausage	1	170	130	15	5	0	40	510	1	0	0	8	
MAZZIO'S - CYO Lasagna Topping (Multi): Tomatoes	1	5	0	0	0	0	0	1	0	1	0	1	
MAZZIO'S - CYO Lasagna Topping: 4-Cheese Blend	1	160	110	12	8	0	45	500	2	0	0	11	
MAZZIO'S - CYO Lasagna Topping: Artichokes	1	5	0	0	0	0	0	85	2	0	0	0	
MAZZIO'S - CYO Lasagna Topping: Bacon	1	130	80	9	3	0	35	600	1	0	1	12	
MAZZIO'S - CYO Lasagna Topping: Beef	1	270	210	23	10	0	65	750	1	0	0	13	
MAZZIO'S - CYO Lasagna Topping: Black Olives	1	50	40	4.5	1	0	0	210	1	0	0	0	
MAZZIO'S - CYO Lasagna Topping: Canadian Bacon	1	35	15	2	1	0	15	300	0	0	0	5	
MAZZIO'S - CYO Lasagna Topping: Chicken	1	90	20	2	0.5	0	45	490	2	0	0	16	
MAZZIO'S - CYO Lasagna Topping: Feta Cheese	1	160	110	13	8	0	40	640	3	1	0	9	
MAZZIO'S - CYO Lasagna Topping: Fresh Mushrooms	1	5	0	0	0	0	0	1	0	1	0	1	
MAZZIO'S - CYO Lasagna Topping: Green Peppers	1	5	0	0	0	0	0	1	0	1	0	1	
MAZZIO'S - CYO Lasagna Topping: Ham	1	35	10	1.5	0	0	15	260	0	0	0	5	
MAZZIO'S - CYO Lasagna Topping: Italian Sausage	1	260	200	22	8	0	55	620	2	1	0	12	
MAZZIO'S - CYO Lasagna Topping: Jalapenos	1	5	0	0	0	0	0	480	1	1	0	0	
MAZZIO'S - CYO Lasagna Topping: Mozzarella	1	150	100	11	7	0	40	330	2	1	0	10	
MAZZIO'S - CYO Lasagna Topping: Mushrooms	1	5	0	0	0	0	0	75	1	1	0	1	
MAZZIO'S - CYO Lasagna Topping: Pepperoni	1	210	180	20	9	0	55	710	0	0	0	8	
MAZZIO'S - CYO Lasagna Topping: Pineapple	1	20	0	0	0	0	0	4	0	4	0	4	
MAZZIO'S - CYO Lasagna Topping: Red Onions	1	10	0	0	0	0	0	0	3	0	1	0	
MAZZIO'S - CYO Lasagna Topping: Sausage	1	260	200	22	8	0.5	55	770	1	0	1	13	
MAZZIO'S - CYO Lasagna Topping: Tomatoes	1	5	0	0	0	0	0	1	0	1	0	1	
MAZZIO'S - CYO Lasagna with Alfredo Sauce	1	1270	770	86	49	2	335	2290	73	5	9	46	
MAZZIO'S - CYO Lasagna with Marinara	1	790	300	33	16	0.5	145	1140	90	12	19	33	
MAZZIO'S - CYO Lasagna with Meat Sauce	1	990	490	55	21	0.5	175	2530	86	10	17	38	
MAZZIO'S - CYO Lasagna with Red and White Sauce	1	1150	610	68	38	1.5	270	1930	88	10	17	43	
MAZZIO'S - CYO Original Pizza Crust 12 in (1 slice)	8	130	15	1.5	0	0	0	160	25	1	2	4	Analysis for 1 slice/8 slices per pizza
MAZZIO'S - CYO Original Pizza Crust 12 in (whole)	1	1050	120	13	2	0	0	1310	203	5	12	28	Analysis for whole crust.
MAZZIO'S - CYO Original Pizza Crust 14 in (1 slice)	10	150	15	2	0	0	0	180	28	1	2	4	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - CYO Original Pizza Crust 14 in (whole)	1	1460	170	19	3	0	0	1830	285	7	17	40	Analysis for whole crust.
MAZZIO'S - CYO Original Pizza Crust 9 in (1 slice)	6	90	10	1	0	0	0	115	18	0	1	2	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - CYO Original Pizza Crust 9 in (whole)	1	550	60	7	1	0	0	690	107	3	7	15	Analysis for whole crust.
MAZZIO'S - CYO Pizza Sauce: Alfredo, 12" (1 slice)	8	40	30	3.5	2	0	15	80	1	0	0	1	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Alfredo, 14" (1 slice)	10	50	40	4.5	2.5	0	15	95	1	0	0	2	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Alfredo, 9" (1 slice)	6	25	20	2.5	1.5	0	10	55	0	0	0	1	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Barbeque, 12" (1 slice)	8	20	0	0	0	0	0	115	5	0	2	0	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Barbeque, 14" (1 slice)	10	25	0	0	0	0	0	135	6	1	3	0	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Barbeque, 9" (1 slice)	6	15	0	0	0	0	0	75	3	0	2	0	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Garlic Basil Olive Oil, 12" (1 slice)	8	60	60	7	1	0	0	0	0	0	0	0	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Garlic Basil Olive Oil, 14" (1 slice)	10	70	70	8	1	0	0	0	0	0	0	0	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Garlic Basil Olive Oil, 9" (1 slice)	6	40	40	4.5	0.5	0	0	0	0	0	0	0	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Ken's Spicy Red, 12" (1 slice)	8	5	0	0	0	0	0	170	2	1	1	0	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Ken's Spicy Red, 14" (1 slice)	10	10	0	0	0	0	0	220	2	1	1	0	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Ken's Spicy Red, 9" (1 slice)	6	5	0	0	0	0	0	110	1	0	1	0	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Mazzio's Traditional Red, 12" (1 slice)	8	5	0	0	0	0	0	65	1	0	0	0	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Mazzio's Traditional Red, 14" (1 slice)	10	5	0	0	0	0	0	60	1	0	0	0	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Mazzio's Traditional Red, 9" (1 slice)	6	5	0	0	0	0	0	45	1	0	0	0	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Sweet Red Marinara, 12" (1 slice)	8	10	0	0	0	0	0	5	2	1	1	1	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Sweet Red Marinara, 14" (1 slice)	10	10	0	0	0	0	0	2	1	1	1	0	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - CYO Pizza Sauce: Sweet Red Marinara, 9" (1 slice)	6	10	0	0	0	0	0	2	0	1	0	0	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - CYO Thin Pizza Crust 12 in (1 slice)	8	70	10	1	0	0	0	90	14	0	1	2	Analysis for 1 slice/8 slices per pizza
MAZZIO'S - CYO Thin Pizza Crust 12 in (whole)	1	590	90	10	1.5	0	0	730	112	3	5	16	Analysis for whole crust.
MAZZIO'S - CYO Thin Pizza Crust 14 in (1 slice)	10	80	10	1.5	0	0	0	100	15	0	1	2	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - CYO Thin Pizza Crust 14 in (whole)	1	820	120	13	2	0	0	1000	153	4	7	22	Analysis for whole crust.
MAZZIO'S - CYO Thin Pizza Crust 9 in (1 slice)	6	50	10	1	0	0	0	65	10	0	1	1	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - CYO Thin Pizza Crust 9 in (whole)	1	320	45	5	1	0	0	390	60	1	3	8	Analysis for whole crust.
MAZZIO'S - Dip'n Stix (Buffet) (high end)	1	1520	630	70	31	1	180	3430	160	4	12	62	Analysis for entire recipe
MAZZIO'S - Dip'n Stix (Buffet) (low end)	1	1170	360	40	18	1	95	2500	160	5	11	45	Analysis for entire recipe
MAZZIO'S - Dipping Sauce: Bleu Cheese	1	450	430	48	10	0	45	740	3	0	3	3	Analysis for 3 oz. weight
MAZZIO'S - Dipping Sauce: Famous House-Made Ranch	1	410	390	43	6	0	20	890	2	0	2	1	Analysis for 3 oz. weight
MAZZIO'S - Dipping Sauce: Head Country Bar B-Q	1	130	0	0	0	0	0	680	31	3	14	0	Analysis for 3 oz. weight
MAZZIO'S - Dipping Sauce: Honey Mustard	1	370	280	31	4.5	0	45	600	20	0	17	0	Analysis for 3 oz. weight
MAZZIO'S - Dipping Sauce: Marinara	1	35	0	0	0	0	0	15	7	2	4	2	Analysis for 3 oz. weight

MAZZIO'S - DO NOT USE Toasted Ravioli with Ranch	1	1390	830	92	19	0	75	2270	105	7	7	35	
MAZZIO'S - Four Meat Pizza (10" Gluten Free)	6	220	110	12	5	0	30	490	21	1	1	7	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Four Meat Pizza (12" Original)	8	290	130	15	6	0	40	650	28	1	2	12	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Four Meat Pizza (12" Thin)	8	240	130	14	6	0	40	580	16	1	1	10	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Four Meat Pizza (14" Deep Dish)	10	420	210	23	8	0	40	800	37	2	3	14	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Four Meat Pizza (14" Original)	10	320	140	16	7	0	40	700	31	1	2	13	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Four Meat Pizza (14" Thin)	10	260	140	15	7	0	40	620	18	1	1	11	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Four Meat Pizza (9" Original)	6	210	100	11	5	0	30	480	19	1	2	9	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Four Meat Pizza (9" Thin)	6	170	100	11	5	0	30	430	11	1	1	8	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Fresh Veggie Pizza (10" Gluten Free)	6	160	60	6	3	0	10	340	22	1	2	4	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Fresh Veggie Pizza (12" Original)	8	210	60	7	3	0	15	440	29	2	3	8	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Fresh Veggie Pizza (12" Thin)	8	160	60	7	3	0	15	370	18	1	2	6	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Fresh Veggie Pizza (14" Deep Dish)	10	330	130	15	4.5	0	15	600	39	2	4	10	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Fresh Veggie Pizza (14" Original)	10	240	70	8	3.5	0	15	500	33	2	3	9	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Fresh Veggie Pizza (14" Thin)	10	170	70	7	3	0	15	420	19	1	2	7	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Fresh Veggie Pizza (9" Original)	6	150	45	5	2.5	0	10	320	21	1	2	6	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Fresh Veggie Pizza (9" Thin)	6	110	45	5	2.5	0	10	270	13	1	1	5	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Fries	1	350	130	15	2.5	0	0	1190	52	3	6	4	Analysis for ala carte or slide on Hoagie
MAZZIO'S - Full Chef Salad (Local Favorite)	1	370	180	20	9	0	85	1530	17	5	9	31	Analysis does not include dressing or crackers.
MAZZIO'S - Full Dinner Salad (Local Favorite)	1	160	70	8	4	0	30	560	10	3	6	14	Analysis does not include dressing or crackers.
MAZZIO'S - Garlic Cheese Toast	1	860	440	49	16	0	50	1670	79	7	5	26	Analysis for entire recipe. 4 slices
MAZZIO'S - Garlic Cheese Toast (A-La-Carte)	1	200	110	12	4	0	10	410	17	1	0	6	
MAZZIO'S - Garlic Toast (A-La-Carte) or Pasta Side	1	160	80	9	2	0	0	280	17	1	0	3	
MAZZIO'S - Greek Pasta (Local Favorite)	1	1360	770	85	16	0	65	1950	106	7	4	39	
MAZZIO'S - Greek Pizza (10" Gluten Free)	6	220	110	12	4.5	0	20	410	21	1	1	7	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Greek Pizza (12" Original)	8	290	130	15	4.5	0	25	520	28	1	2	11	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Greek Pizza (12" Thin)	8	230	130	14	4.5	0	25	450	17	1	1	9	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Greek Pizza (14" Deep Dish)	10	420	220	24	6	0	30	700	38	1	3	13	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Greek Pizza (14" Original)	10	330	150	17	5	0	30	600	32	1	2	12	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Greek Pizza (14" Thin)	10	260	150	16	5	0	30	520	19	1	1	11	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Greek Pizza (9" Original)	6	210	100	11	3.5	0	20	390	20	1	1	8	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Greek Pizza (9" Thin)	6	170	90	11	3.5	0	20	340	12	1	1	7	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Half Chef Salad (Local Favorite)	1	230	100	11	5	0	55	1110	11	3	6	22	Analysis does not include dressing or crackers.
MAZZIO'S - Half Dinner Salad (Local Favorite)	1	110	45	5	2.5	0	20	470	6	2	4	11	Analysis does not include dressing or crackers.
MAZZIO'S - House Made Ranch Dressing, Family Size	1	2180	2080	231	32	0	115	4740	12	0	8	6	
MAZZIO'S - House Salad	1	140	50	6	3	0	15	280	17	4	4	7	Analysis does not include dressing.
MAZZIO'S - Italian Meat Bake	1	1120	450	50	18	0.5	85	1230	122	14	16	42	
MAZZIO'S - Jalapeno Stuffed Crust Pizza (Base Prep)	10	320	120	14	6	0	30	740	38	2	3	12	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Ken's Six Meat Pizza (10" Gluten Free)	6	240	120	13	6	0	35	640	21	1	2	9	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Ken's Six Meat Pizza (12" Original)	8	320	140	16	7	0	45	870	28	1	3	14	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Ken's Six Meat Pizza (12" Thin)	8	260	140	16	7	0	45	800	17	1	2	13	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Ken's Six Meat Pizza (14" Deep Dish)	10	440	220	25	9	0	50	1090	38	2	4	17	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Ken's Six Meat Pizza (14" Original)	10	350	160	18	7	0	50	990	32	2	3	16	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Ken's Six Meat Pizza (14" Thin)	10	280	150	17	7	0	50	910	19	1	2	14	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Ken's Six Meat Pizza (9" Original)	6	230	110	12	5	0	35	620	20	1	2	10	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Ken's Six Meat Pizza (9" Thin)	6	190	100	12	5	0	35	570	12	1	1	9	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Ken's Supreme (10" Gluten Free)	6	190	80	9	4	0	20	450	22	1	2	6	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Ken's Supreme (12" Original)	8	250	90	10	4.5	0	25	610	29	2	3	10	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Ken's Supreme (12" Thin)	8	190	90	10	4.5	0	25	540	17	1	2	8	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Ken's Supreme (14" Deep Dish)	10	370	170	18	6	0	30	810	39	2	4	12	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Ken's Supreme (14" Original)	10	270	100	11	5	0	30	710	32	2	3	11	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Ken's Supreme (14" Thin)	10	210	100	11	5	0	30	620	19	2	2	9	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Ken's Supreme (9" Original)	6	180	70	7	3.5	0	20	430	20	1	2	7	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Ken's Supreme (9" Thin)	6	140	70	8	3.5	0	20	400	13	1	2	6	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Kid's Meal - Mini Pizza Base Prep (Thin Crust)	1	280	120	13	7	0	40	620	27	2	2	14	
MAZZIO'S - Kid's Meal - Mini Pizza on Thin Crust (high end)	1	500	180	20	9	0	70	1110	61	2	36	23	
MAZZIO'S - Kid's Meal - Mini Pizza on Thin Crust (low end)	1	290	120	13	7	0	40	710	28	2	2	14	
MAZZIO'S - Kid's Meal - Six Cheese Bake (high end)	1	1030	510	57	29	1	145	1440	96	4	36	34	
MAZZIO'S - Kid's Meal - Six Cheese Bake (low end)	1	910	510	57	29	1	145	1430	62	4	2	34	
MAZZIO'S - Kid's Meal - Toasted Ravioli (high end)	1	350	90	10	2.5	0	10	340	60	3	37	8	
MAZZIO'S - Kid's Meal - Toasted Ravioli (low end)	1	230	90	10	2.5	0	10	330	26	3	4	8	
MAZZIO'S - Kid's Meal - Wing Run Wings (high end)	1	370	90	10	2	0	50	1070	53	1	40	20	
MAZZIO'S - Kid's Meal - Wing Run Wings (low end)	1	250	90	10	2	0	50	1060	20	1	6	20	
MAZZIO'S - Lucky 7 Pizza (10" Gluten Free)	6	180	80	8	4	0	20	420	22	1	2	5	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Lucky 7 Pizza (12" Original)	8	240	90	10	4.5	0	25	550	29	1	3	9	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Lucky 7 Pizza (12" Thin)	8	180	80	9	4.5	0	25	470	17	1	2	7	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Lucky 7 Pizza (14" Deep Dish)	10	360	160	18	6	0	25	680	39	2	4	11	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Lucky 7 Pizza (14" Original)	10	260	90	10	4.5	0	25	580	32	1	3	10	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Lucky 7 Pizza (14" Thin)	10	200	90	10	4.5	0	25	500	19	1	2	8	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Lucky 7 Pizza (9" Original)	6	170	60	7	3.5	0	20	400	20	1	2	7	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Lucky 7 Pizza (9" Thin)	6	130	60	7	3.5	0	20	350	12	1	1	6	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Mini Meatball Bake	1	1440	710	79	34	1.5	180	2120	122	12	13	58	
MAZZIO'S - Oreo Crunch Cookie (9")	1	1660	550	61	12	0	110	1120	264	5	159	17	Analysis for entire recipe.
MAZZIO'S - Oreo Crunch Cookie (Buffet)	1	3310	1110	124	24	1	235	2290	519	10	307	35	Analysis for entire recipe.
MAZZIO'S - Peach Topping Dessert Pizza (Buffet)	12	200	50	6	1.5	0	0	160	34	1	12	3	Analysis for 1 slice/12 slices per pizza.
MAZZIO'S - Pepperoni Stuffed Crust Pizza (Base Prep)	10	340	140	15	7	0	35	710	38	1	3	12	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Pizza Sauce: Alfredo, 12"	1	330	260	28	18	0.5	100	650	5	0	2	10	
MAZZIO'S - Pizza Sauce: Alfredo, 14"	1	490	380	43	27	1	150	970	8	0	3	15	
MAZZIO'S - Pizza Sauce: Alfredo, 9"	1	160	130	14	9	0	50	320	3	0	1	5	
MAZZIO'S - Pizza Sauce: Barbeque, 12"	1	170	0	0	0	0	0	910	42	3	19	0	
MAZZIO'S - Pizza Sauce: Barbeque, 14"	1	260	0	0	0	0	0	1360	63	5	29	0	
MAZZIO'S - Pizza Sauce: Barbeque, 9"	1	90	0	0	0	0	0	450	21	2	10	0	
MAZZIO'S - Pizza Sauce: Garlic Basil Olive Oil, 12"	1	480	480	53	7	0	0	0	1	0	0	0	
MAZZIO'S - Pizza Sauce: Garlic Basil Olive Oil, 14"	1	720	710	79	11	0	0	0	1	0	0	0	
MAZZIO'S - Pizza Sauce: Garlic Basil Olive Oil, 9"	1	240	240	26	3.5	0	0	0	0	0	0	0	
MAZZIO'S - Pizza Sauce: Ken's Spicy Red, 12"	1	60	0	0	0	0	0	1330	12	4	6	3	
MAZZIO'S - Pizza Sauce: Ken's Spicy Red, 14"	1	90	5	0	0	0	0	2170	20	7	10	4	
MAZZIO'S - Pizza Sauce: Ken's Spicy Red, 9"	1	30	0	0	0	0	0	670	6	2	3	1	
MAZZIO'S - Pizza Sauce: Mazzio's Traditional Red, 12"	1	40	0	0	0	0	0	530	8	2	4	2	
MAZZIO'S - Pizza Sauce: Mazzio's Traditional Red, 14"	1	45	5	0	0	0	0	620	9	3	4	2	
MAZZIO'S - Pizza Sauce: Mazzio's Traditional Red, 9"	1	20	0	0	0	0	0	260	4	1	2	1	
MAZZIO'S - Pizza Sauce: Sweet Red Marinara, 12"	1	100	5	0	0	0	0	45	19	5	10	4	
MAZZIO'S - Pizza Sauce: Sweet Red Marinara, 14"	1	90	5	0	0	0	0	45	19	5	10	4	
MAZZIO'S - Pizza Sauce: Sweet Red Marinara, 9"	1	50	0	0	0	0	0	25	10	3	5	2	
MAZZIO'S - Pizza Topping: 4-Cheese Blend, 12"	1	160	110	12	8	0	45	500	2	0	0	11	
MAZZIO'S - Pizza Topping: 4-Cheese Blend, 14"	1	240	160	18	11	0.5	70	750	2	0	0	16	
MAZZIO'S - Pizza Topping: 4-Cheese Blend, 9"	1	160	110	12	8	0	45	500	2	0	0	11	
MAZZIO'S - Pizza Topping: Artichokes, 12"	1	25	0	0	0	0	0	310	5	2	2	1	
MAZZIO'S - Pizza Topping: Artichokes, 14"	1	30	0	0	0	0	0	390	7	2	2	1	
MAZZIO'S - Pizza Topping: Artichokes, 9"	1	5	0	0	0	0	0	85	2	0	0	0	
MAZZIO'S - Pizza Topping: Bacon, 12"	1	380	240	26	9	0	110	1810	2	1	2	36	
MAZZIO'S - Pizza Topping: Bacon, 14"	1	510	310	35	12	0	150	2410	2	1	2	48	
MAZZIO'S - Pizza Topping: Bacon, 9"	1	130	80	9	3	0	35	600	1	0	1	12	
MAZZIO'S - Pizza Topping: Beef, 12"	1	350	270	30	14	0	85	1000	1	0	0	18	
MAZZIO'S - Pizza Topping: Beef, 14"	1	440	340	38	17	0	105	1250	2	0	1	22	

MAZZIO'S - Pizza Topping: Beef, 9"	1	270	210	23	10	0	65	750	1	0	0	13	
MAZZIO'S - Pizza Topping: Black Olives, 12"	1	190	140	16	3	0	0	740	5	0	0	0	
MAZZIO'S - Pizza Topping: Black Olives, 14"	1	240	180	20	4	0	0	960	6	0	0	0	
MAZZIO'S - Pizza Topping: Black Olives, 9"	1	50	40	4.5	1	0	0	210	1	0	0	0	
MAZZIO'S - Pizza Topping: Canadian Bacon, 12"	1	110	50	5	2.5	0	45	900	0	0	0	15	
MAZZIO'S - Pizza Topping: Canadian Bacon, 14"	1	140	60	7	3	0	60	1190	0	0	0	20	
MAZZIO'S - Pizza Topping: Canadian Bacon, 9"	1	35	15	2	1	0	15	300	0	0	0	5	
MAZZIO'S - Pizza Topping: Chicken, 12"	1	120	25	2.5	0.5	0	60	650	3	0	0	22	
MAZZIO'S - Pizza Topping: Chicken, 14"	1	150	30	3.5	1	0	75	810	3	0	0	27	
MAZZIO'S - Pizza Topping: Chicken, 9"	1	90	20	2	0.5	0	45	490	2	0	0	16	
MAZZIO'S - Pizza Topping: Feta Cheese, 12"	1	160	110	13	8	0	40	640	3	1	0	9	
MAZZIO'S - Pizza Topping: Feta Cheese, 14"	1	240	170	19	12	0.5	55	970	4	2	1	14	
MAZZIO'S - Pizza Topping: Feta Cheese, 9"	1	160	110	13	8	0	40	640	3	1	0	9	
MAZZIO'S - Pizza Topping: Fresh Mushrooms, 12"	1	10	0	0	0	0	0	0	2	1	1	2	
MAZZIO'S - Pizza Topping: Fresh Mushrooms, 14"	1	20	5	0	0	0	0	0	3	1	2	3	
MAZZIO'S - Pizza Topping: Fresh Mushrooms, 9"	1	5	0	0	0	0	0	0	1	0	1	1	
MAZZIO'S - Pizza Topping: Green Peppers, 12"	1	20	0	0	0	0	0	0	5	2	2	1	
MAZZIO'S - Pizza Topping: Green Peppers, 14"	1	25	0	0	0	0	0	0	6	2	3	1	
MAZZIO'S - Pizza Topping: Green Peppers, 9"	1	5	0	0	0	0	0	0	1	0	1	0	
MAZZIO'S - Pizza Topping: Ham, 12"	1	100	35	4	1.5	0	45	780	1	0	1	16	
MAZZIO'S - Pizza Topping: Ham, 14"	1	130	50	5	2	0	60	1030	1	0	1	21	
MAZZIO'S - Pizza Topping: Ham, 9"	1	35	10	1.5	0	0	15	260	0	0	0	5	
MAZZIO'S - Pizza Topping: Italian Sausage, 12"	1	350	270	30	10	0.5	75	830	2	1	0	16	
MAZZIO'S - Pizza Topping: Italian Sausage, 14"	1	440	330	37	13	0.5	95	1040	3	1	1	21	
MAZZIO'S - Pizza Topping: Italian Sausage, 9"	1	260	200	22	8	0	55	620	2	1	0	12	
MAZZIO'S - Pizza Topping: Jalapenos, 12"	1	15	0	0	0	0	0	1680	3	3	0	0	
MAZZIO'S - Pizza Topping: Jalapenos, 14"	1	20	0	0	0	0	0	2170	4	4	0	0	
MAZZIO'S - Pizza Topping: Jalapenos, 9"	1	5	0	0	0	0	0	480	1	1	0	0	
MAZZIO'S - Pizza Topping: Mozzarella, 12"	1	150	100	11	7	0	40	330	2	1	0	10	
MAZZIO'S - Pizza Topping: Mozzarella, 14"	1	230	150	17	10	0.5	60	500	3	1	0	15	
MAZZIO'S - Pizza Topping: Mozzarella, 9"	1	150	100	11	7	0	40	330	2	1	0	10	
MAZZIO'S - Pizza Topping: Mushrooms, 12"	1	15	5	0	0	0	0	270	4	3	0	2	
MAZZIO'S - Pizza Topping: Mushrooms, 14"	1	20	5	0	0	0	0	340	5	4	0	3	
MAZZIO'S - Pizza Topping: Mushrooms, 9"	1	5	0	0	0	0	0	75	1	1	0	1	
MAZZIO'S - Pizza Topping: Pepperoni, 12"	1	350	300	33	15	0	90	1190	0	0	0	13	
MAZZIO'S - Pizza Topping: Pepperoni, 14"	1	500	410	46	21	0	125	1670	0	0	0	18	
MAZZIO'S - Pizza Topping: Pepperoni, 9"	1	210	180	20	9	0	55	710	0	0	0	8	
MAZZIO'S - Pizza Topping: Pineapple, 12"	1	70	0	0	0	0	0	0	15	1	14	1	
MAZZIO'S - Pizza Topping: Pineapple, 14"	1	90	0	0	0	0	0	0	19	1	18	1	
MAZZIO'S - Pizza Topping: Pineapple, 9"	1	20	0	0	0	0	0	0	4	0	4	0	
MAZZIO'S - Pizza Topping: Red Onions, 12"	1	40	0	0	0	0	0	0	9	2	4	1	
MAZZIO'S - Pizza Topping: Red Onions, 14"	1	50	0	0	0	0	0	0	5	12	2	5	1
MAZZIO'S - Pizza Topping: Red Onions, 9"	1	10	0	0	0	0	0	0	3	0	1	0	
MAZZIO'S - Pizza Topping: Sausage, 12"	1	340	270	29	10	0.5	75	1020	2	0	1	17	
MAZZIO'S - Pizza Topping: Sausage, 14"	1	430	330	37	13	1	95	1280	2	0	1	21	
MAZZIO'S - Pizza Topping: Sausage, 9"	1	260	200	22	8	0.5	55	770	1	0	1	13	
MAZZIO'S - Pizza Topping: Tomatoes, 12"	1	20	0	0	0	0	0	0	4	1	3	1	
MAZZIO'S - Pizza Topping: Tomatoes, 14"	1	25	0	0	0	0	0	5	2	3	1	0	
MAZZIO'S - Pizza Topping: Tomatoes, 9"	1	5	0	0	0	0	0	0	1	0	3	0	
MAZZIO'S - Pricebuster: Cheesebuster, 12 in (Local Favorite)	8	200	60	7	3.5	0	20	450	27	1	2	8	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Pricebuster: Cheesebuster, 14 in (Local Favorite)	10	220	70	7	3.5	0	20	470	30	1	2	9	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Pricebuster: Meatbuster, 12 in (Local Favorite)	8	250	100	11	5	0	30	540	27	1	2	10	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Pricebuster: Meatbuster, 14 in (Local Favorite)	10	290	120	14	6	0	35	620	30	1	2	12	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Pricebuster: Pepperonibuster, 12 in (Local Favorite)	8	220	80	8	4	0	20	450	27	1	2	8	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Pricebuster: Pepperonibuster, 14 in (Local Favorite)	10	250	90	10	4.5	0	25	500	30	1	2	9	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Pricebuster: Supremebuster, 12 in (Local Favorite)	8	230	90	10	4	0	25	490	28	1	2	9	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Pricebuster: Supremebuster, 14 in (Local Favorite)	10	260	100	11	4.5	0	25	530	31	1	3	10	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Salad Bar: Bacon Bits (imitation)	1	120	45	5	1	0	0	220	9	3	3	11	
MAZZIO'S - Salad Bar: Bacon Bits (real)	1	90	35	3.5	1.5	0	25	750	1	0	1	14	
MAZZIO'S - Salad Bar: Beets, Pickled	1	10	0	0	0	0	0	40	3	0	2	0	
MAZZIO'S - Salad Bar: Black Olives, Whole	1	25	25	2.5	0	0	0	125	1	0	0	0	
MAZZIO'S - Salad Bar: Bread Sticks, Cheese	1	25	5	0.5	0	0	0	55	5	0	0	1	
MAZZIO'S - Salad Bar: Bread Sticks, Garlic	1	25	0	0	0	0	0	40	5	0	0	1	
MAZZIO'S - Salad Bar: Bread Sticks, Plain	1	25	5	0.5	0	0	0	65	5	0	0	1	
MAZZIO'S - Salad Bar: Bread Sticks, Sesame	1	25	5	1	0	0	0	55	4	0	0	1	
MAZZIO'S - Salad Bar: Broccoli & Cauliflower Mix	1	30	5	0	0	0	0	30	6	2	2	3	
MAZZIO'S - Salad Bar: Broccoli Florets	1	30	5	0	0	0	0	30	6	3	2	3	
MAZZIO'S - Salad Bar: Broccoli Salad	1	270	170	18	3	0	10	240	23	3	19	5	
MAZZIO'S - Salad Bar: Cantaloupe, Fresh Cubes	1	25	0	0	0	0	0	10	6	1	6	1	
MAZZIO'S - Salad Bar: Carrots, Baby	1	20	0	0	0	0	0	40	4	1	2	0	
MAZZIO'S - Salad Bar: Carrots, Fresh Shredded	1	5	0	0	0	0	0	10	2	0	1	0	
MAZZIO'S - Salad Bar: Celery Sticks	1	5	0	0	0	0	0	30	1	1	0	0	
MAZZIO'S - Salad Bar: Cheddar Cheese (imitation)	1	40	20	2.5	0.5	1	0	135	5	0	2	0	
MAZZIO'S - Salad Bar: Cherry Peppers, Pickled	1	5	0	0	0	0	0	250	1	0	0	0	
MAZZIO'S - Salad Bar: Chow Mein Noodles	1	130	50	6	2	0	0	260	18	2	0	3	
MAZZIO'S - Salad Bar: Corn Salsa	1	90	35	3.5	0	0	0	340	14	2	4	2	
MAZZIO'S - Salad Bar: Cottage Cheese	1	60	20	2.5	1.5	0	10	210	3	0	2	6	
MAZZIO'S - Salad Bar: Croutons, Parmesan	1	70	30	3	0	0	0	160	8	0	1	2	
MAZZIO'S - Salad Bar: Cucumber Tomato Salad	1	25	10	1.5	0	0	0	210	3	1	2	1	
MAZZIO'S - Salad Bar: Cucumbers, Sliced	1	5	0	0	0	0	0	0	1	0	0	0	
MAZZIO'S - Salad Bar: Dessert, Pudding (Chocolate)	1	110	25	2.5	2	0	0	170	22	1	15	1	
MAZZIO'S - Salad Bar: Dessert, Pudding (Vanilla)	1	120	25	2.5	2.5	0	0	190	25	0	15	1	
MAZZIO'S - Salad Bar: Dessert, Whipped Dessert (Ambrosia Delight)	1	70	25	2.5	2	0	0	25	9	1	8	1	
MAZZIO'S - Salad Bar: Dessert, Whipped Dessert (Pistachio Delight)	1	80	20	2	1.5	0	0	90	14	1	12	1	
MAZZIO'S - Salad Bar: Dessert, Whipped Dessert (Strawberry Delight)	1	80	20	2	2	0	0	70	15	1	13	1	
MAZZIO'S - Salad Bar: Dressing, Alpine Italian	1	110	100	11	1.5	0	0	460	1	0	1	0	Analysis for 1 oz. of dressing
MAZZIO'S - Salad Bar: Dressing, Balsamic Vinegar and Olive Oil	1	130	120	14	2	0	0	0	3	0	2	0	Analysis for 1 oz. of dressing
MAZZIO'S - Salad Bar: Dressing, Bleu Cheese	1	160	150	17	3.5	0	15	260	1	0	1	1	Analysis for 1 oz. of dressing
MAZZIO'S - Salad Bar: Dressing, Creamy Italian	1	130	120	13	2	0	0	470	2	0	1	0	Analysis for 1 oz. of dressing
MAZZIO'S - Salad Bar: Dressing, Honey Mustard	1	130	100	11	1.5	0	15	210	7	0	6	0	Analysis for 1 oz. of dressing
MAZZIO'S - Salad Bar: Dressing, Ranch	1	140	130	15	2	0	5	300	1	0	1	0	Analysis for 1 oz. of dressing
MAZZIO'S - Salad Bar: Dressing, Red Wine Vinegar	1	0	0	0	0	0	0	5	0	0	0	0	Analysis for 1 oz. of dressing
MAZZIO'S - Salad Bar: Dressing, Royal Caesar	1	120	120	13	2	0	5	280	1	0	1	1	Analysis for 1 oz. of dressing
MAZZIO'S - Salad Bar: Dressing, Southwest Ranch	1	110	100	11	1.5	0	5	280	1	0	1	0	Analysis for 1 oz. of dressing
MAZZIO'S - Salad Bar: Dressing, Thousand Island	1	130	110	12	2	0	5	210	4	0	4	0	Analysis for 1 oz. of dressing
MAZZIO'S - Salad Bar: Dressing, Western French	1	130	80	9	1.5	0	0	210	11	0	10	0	Analysis for 1 oz. of dressing
MAZZIO'S - Salad Bar: Dressing, Zesty Italian	1	130	130	14	2	0	0	610	2	0	1	0	Analysis for 1 oz. of dressing
MAZZIO'S - Salad Bar: Egg, Hard Boiled	1	80	50	5	1.5		185	60	1	0	1	6	
MAZZIO'S - Salad Bar: French Fried Onion Bits	1	80	60	6	0	0	0	35	7	1	0	1	
MAZZIO'S - Salad Bar: Fresh Kale	1	10	0	0	0	0	0	5	1	1	0	1	
MAZZIO'S - Salad Bar: Fresh Spinach	1	5	0	0	0	0	0	25	1	1	0	1	
MAZZIO'S - Salad Bar: Garbanzo Beans	1	45	10	1	0	0	0	200	9	2	0	3	
MAZZIO'S - Salad Bar: Grape Tomatoes	1	10	0	0	0	0	0	0	3	1	2	1	
MAZZIO'S - Salad Bar: Grapes, Green	1	15	0	0	0	0	0	0	4	0	4	0	
MAZZIO'S - Salad Bar: Grapes, Red	1	15	0	0	0	0	0	0	4	0	4	0	

MAZZIO'S - Salad Bar: Green Olive, Slices	1	80	50	6	0	0	0	580	5	2	0	2
MAZZIO'S - Salad Bar: Green Peas	1	50	0	0	0	0	0	20	9	4	2	3
MAZZIO'S - Salad Bar: Green Peppers	1	5	0	0	0	0	0	0	1	0	1	0
MAZZIO'S - Salad Bar: Honeydew Melon	1	30	0	0	0	0	0	15	7	1	6	0
MAZZIO'S - Salad Bar: Jalapenos, Pickled	1	5	0	0	0	0	0	480	1	1	0	0
MAZZIO'S - Salad Bar: Kidney Beans	1	50	0	0	0	0	0	135	8	3	1	3
MAZZIO'S - Salad Bar: Lemon Wedges	1	5	0	0	0	0	0	0	1	0	0	0
MAZZIO'S - Salad Bar: Macaroni Salad	1	240	150	17	2.5	0	15	630	21	1	5	4
MAZZIO'S - Salad Bar: Mushrooms, Fresh Sliced	1	10	0	0	0	0	0	0	2	1	1	2
MAZZIO'S - Salad Bar: Okra, Pickled	1	10	0	0	0	0	0	125	2	0	1	0
MAZZIO'S - Salad Bar: Orange Wedge	1	10	0	0	0	0	0	0	3	1	2	0
MAZZIO'S - Salad Bar: Parmesan, Fancy Shredded	1	50	35	4	2.5	0	10	170	1	0	0	4
MAZZIO'S - Salad Bar: Pasta Salad	1	210	100	11	1.5	0	0	440	22	2	1	4
MAZZIO'S - Salad Bar: Peaches	1	25	0	0	0	0	0	0	6	0	5	0
MAZZIO'S - Salad Bar: Pears	1	45	0	0	0	0	0	0	11	0	7	0
MAZZIO'S - Salad Bar: Pepperoncini, Pickled	1	5	0	0	0	0	0	130	1	0	0	0
MAZZIO'S - Salad Bar: Pickle Spears	1	5	0	0	0	0	0	390	1	0	0	0
MAZZIO'S - Salad Bar: Pineapple Tidbits	1	10	0	0	0	0	0	0	2	0	2	0
MAZZIO'S - Salad Bar: Potato Salad	1	140	50	6	1	0	5	680	21	2	4	2
MAZZIO'S - Salad Bar: Purple Cabbage, Fresh Shredded	1	10	0	0	0	0	0	10	2	1	1	0
MAZZIO'S - Salad Bar: Radishes, Fresh	1	5	0	0	0	0	0	10	1	0	1	0
MAZZIO'S - Salad Bar: Red Onions, Sliced	1	5	0	0	0	0	0	0	1	0	1	0
MAZZIO'S - Salad Bar: Strawberries, Whole	1	15	0	0	0	0	0	0	4	1	3	0
MAZZIO'S - Salad Bar: Sunflower Seeds	1	170	150	16	1.5	0	0	220	4	2	1	6
MAZZIO'S - Salad Bar: Tabouli	1	70	50	6	1	0	0	200	4	1	2	1
MAZZIO'S - Salad Bar: Three Bean Salad	1	40	0	0	0	0	0	200	9	1	5	1
MAZZIO'S - Salad Bar: Toasted Herbs	1	5	0	0	0	0	0	290	1	0	0	0
MAZZIO'S - Salad Bar: Turkey Ham	1	110	80	8	3	0	50	500	0	0	0	7
MAZZIO'S - Salad Bar: Vanilla Wafers	1	35	5	1	0	0	0	45	6	0	3	1
MAZZIO'S - Salad Bar: Watermelon	1	15	0	0	0	0	0	0	4	0	3	0
MAZZIO'S - Salad Bar: Ziti Pasta Salad	1	160	100	11	3.5	0	10	520	11	1	1	6
MAZZIO'S - Salad Bar: Zucchini, Fresh Sticks	1	5	0	0	0	0	0	0	1	0	1	0
MAZZIO'S - Six Cheese Bake	1	1750	1010	112	61	2.5	310	2810	108	6	5	71
MAZZIO'S - Six Meat Pizza (10" Gluten Free)	6	240	120	13	6	0	35	570	21	1	1	9
MAZZIO'S - Six Meat Pizza (12" Original)	8	310	140	16	7	0	45	770	28	1	2	14
MAZZIO'S - Six Meat Pizza (12" Thin)	8	260	140	16	7	0	45	700	16	1	1	13
MAZZIO'S - Six Meat Pizza (14" Deep Dish)	10	440	220	25	9	0	50	940	37	2	3	17
MAZZIO'S - Six Meat Pizza (14" Original)	10	340	160	18	7	0	50	840	31	1	2	16
MAZZIO'S - Six Meat Pizza (14" Thin)	10	280	150	17	7	0	50	760	18	1	1	14
MAZZIO'S - Six Meat Pizza (9" Original)	6	230	110	12	5	0	35	550	20	1	2	10
MAZZIO'S - Six Meat Pizza (9" Thin)	6	190	100	12	5	0	35	500	12	1	1	9
MAZZIO'S - Spaghetti with Marinara	1	790	200	23	5	0	5	410	120	13	15	24
MAZZIO'S - Spaghetti with Meat Sauce	1	990	400	45	10	0	30	1800	115	11	13	30
MAZZIO'S - Taco Pizza (10" Gluten Free)	6	230	90	10	4.5	0	25	530	26	2	2	8
MAZZIO'S - Taco Pizza (12" Original)	8	290	110	12	5	0	30	650	33	3	3	12
MAZZIO'S - Taco Pizza (12" Thin)	8	230	100	11	5	0	30	580	22	3	2	11
MAZZIO'S - Taco Pizza (14" Deep Dish)	10	420	190	21	7	0	30	840	44	3	4	15
MAZZIO'S - Taco Pizza (14" Original)	10	330	120	14	6	0	30	740	38	3	3	14
MAZZIO'S - Taco Pizza (14" Thin)	10	260	120	13	6	0	30	650	25	3	2	12
MAZZIO'S - Taco Pizza (9" Original)	6	220	80	9	4	0	25	510	24	2	2	9
MAZZIO'S - Taco Pizza (9" Thin)	6	180	80	9	4	0	25	460	16	2	1	8
MAZZIO'S - Toasted Hoagie: Chicken, Bacon, and Provolone on Wheatberry Bread with Chips	1	1390	760	85	16	0	125	2940	106	8	16	53
MAZZIO'S - Toasted Hoagie: Chicken, Bacon, and Provolone on Wheatberry Bread with Fries	1	1600	800	89	18	0	125	3620	144	10	15	56
MAZZIO'S - Toasted Hoagie: Chicken, Bacon, and Provolone with Chips	1	1320	750	83	15	0	125	2770	90	7	9	53
MAZZIO'S - Toasted Hoagie: Chicken, Bacon, and Provolone with Fries	1	1530	790	88	17	0	125	3450	129	9	8	56
MAZZIO'S - Toasted Hoagie: Ham and Cheddar on Wheatberry Bread with Chips	1	1160	560	63	14	0	85	3320	106	8	17	44
MAZZIO'S - Toasted Hoagie: Ham and Cheddar on Wheatberry Bread with Fries	1	1370	600	67	16	0	85	4000	144	10	16	47
MAZZIO'S - Toasted Hoagie: Ham and Cheddar with Chips	1	1080	550	61	13	0	85	3150	91	7	11	44
MAZZIO'S - Toasted Hoagie: Ham and Cheddar with Fries	1	1300	590	66	15	0	85	3830	129	9	10	47
MAZZIO'S - Toasted Hoagie: Italian Sub on Wheatberry Bread with Chips	1	1080	510	56	14	0	80	3320	106	8	16	42
MAZZIO'S - Toasted Hoagie: Italian Sub on Wheatberry Bread with Fries	1	1290	550	61	16	0	80	4000	144	10	15	45
MAZZIO'S - Toasted Hoagie: Italian Sub with Chips	1	1010	490	55	13	0	80	3150	91	7	10	42
MAZZIO'S - Toasted Hoagie: Italian Sub with Fries	1	1220	530	59	15	0	80	3830	129	9	9	45
MAZZIO'S - Toasted Hoagie: Turkey and Provolone on Wheatberry Bread with Chips	1	1100	520	57	11	0	85	3290	106	9	17	44
MAZZIO'S - Toasted Hoagie: Turkey and Provolone on Wheatberry Bread with Fries	1	1310	560	62	13	0	85	3970	145	11	16	47
MAZZIO'S - Toasted Hoagie: Turkey and Provolone with Chips	1	1030	500	56	10	0	85	3120	91	8	11	44
MAZZIO'S - Toasted Hoagie: Turkey and Provolone with Fries	1	1240	540	60	11	0	85	3800	129	10	10	46
MAZZIO'S - Toasted Hoagie: Tuscan Smash on Wheatberry Bread with Chips	1	1100	510	56	10	0	85	3280	106	9	17	45
MAZZIO'S - Toasted Hoagie: Tuscan Smash on Wheatberry Bread with Fries	1	1310	550	61	12	0	90	3960	144	11	16	48
MAZZIO'S - Toasted Hoagie: Tuscan Smash with Chips	1	1020	490	55	9	0	85	3120	90	8	10	45
MAZZIO'S - Toasted Hoagie: Tuscan Smash with Fries	1	1240	530	59	11	0	90	3800	129	10	10	48
MAZZIO'S - Toasted Ravioli with Marinara	1	580	250	28	8	0	35	830	61	5	7	22
MAZZIO'S - Tuscan Smash Hoagie with Chips (Local Favorite)	1	1020	490	55	9	0	85	3120	90	8	10	45
MAZZIO'S - Wings: 10 pc Fiery Wings (Boneless)	1	610	270	30	5	0	130	2980	34	2	1	51
MAZZIO'S - Wings: 10 pc Fiery Wings (Traditional)	1	600	330	37	9	0	300	2160	8	1	1	59
MAZZIO'S - Wings: 10 pc Garlic Parmesan (Boneless)	1	820	480	54	11	0	145	2380	30	1	1	57
MAZZIO'S - Wings: 10 pc Garlic Parmesan (Traditional)	1	820	550	61	15	0	315	1560	5	1	1	64
MAZZIO'S - Wings: 10 pc Lemon Pepper (Boneless)	1	820	430	48	8	0	130	3960	47	2	15	51
MAZZIO'S - Wings: 10 pc Lemon Pepper (Traditional)	1	820	500	56	12	0	300	3140	22	1	15	59
MAZZIO'S - Wings: 10 pc Mach 1 (Boneless)	1	720	390	44	7	0	130	2730	30	2	0	51
MAZZIO'S - Wings: 10 pc Mach 1 (Traditional)	1	710	460	51	11	0	300	1910	4	1	0	58
MAZZIO'S - Wings: 10 pc Mach 2 (Boneless)	1	590	270	30	5	0	130	3140	30	2	0	51
MAZZIO'S - Wings: 10 pc Mach 2 (Traditional)	1	580	330	37	9	0	300	2320	4	1	0	58
MAZZIO'S - Wings: 10 pc Mach 3 (Boneless)	1	570	240	27	5	0	130	3300	31	2	1	51
MAZZIO'S - Wings: 10 pc Mach 3 (Traditional)	1	560	300	34	9	0	300	2480	5	1	1	58
MAZZIO'S - Wings: 10 pc Mach 4 (Boneless)	1	570	240	26	4.5	0	130	3120	33	3	1	51
MAZZIO'S - Wings: 10 pc Mach 4 (Traditional)	1	560	300	33	9	0	300	2300	7	2	1	59
MAZZIO'S - Wings: 10 pc Spicy BBQ (Boneless)	1	610	230	26	4.5	0	130	2280	45	3	8	51
MAZZIO'S - Wings: 10 pc Spicy BBQ (Traditional)	1	610	300	33	9	0	300	1460	19	2	8	58
MAZZIO'S - Wings: 10 pc Sweet BBQ (Boneless)	1	610	230	26	4.5	0	130	2280	45	3	8	51
MAZZIO'S - Wings: 10 pc Sweet BBQ (Traditional)	1	610	300	33	9	0	300	1460	19	2	8	58
MAZZIO'S - Wings: 10 pc Sweet Memphis (Boneless)	1	810	440	49	8	0	130	3210	44	3	11	51
MAZZIO'S - Wings: 10 pc Sweet Memphis (Traditional)	1	810	500	56	12	0	300	2380	18	2	11	59
MAZZIO'S - Wings: 10 pc Thai Sweet Chili (Boneless)	1	640	230	26	4.5	0	130	2590	51	2	21	51
MAZZIO'S - Wings: 10 pc Thai Sweet Chili (Traditional)	1	630	300	33	9	0	300	1770	25	2	21	59
MAZZIO'S - Wings: 10 pc Thai Sweet Chili (Boneless)	1	640	230	26	4.5	0	130	2590	51	2	21	51
MAZZIO'S - Wings: 10 pc Thai Sweet Chili (Traditional)	1	630	300	33	9	0	300	1770	25	2	21	59
MAZZIO'S - Wings: 10 pc Wings of Fire (Local Favorite)	1	770	510	57	15	0	200	1270	7	0	0	60
MAZZIO'S - Wings: 15 pc Fiery Wings (Boneless)	1	900	400	44	8	0	195	4300	50	3	1	77
MAZZIO'S - Wings: 15 pc Fiery Wings (Traditional)	1	890	500	55	14	0	450	3060	11	2	1	88
MAZZIO'S - Wings: 15 pc Garlic Parmesan (Boneless)	1	1220	710	79	16	0	215	3510	45	2	1	84
MAZZIO'S - Wings: 15 pc Garlic Parmesan (Traditional)	1	1210	810	90	22	0	470	2280	7	1	1	95
MAZZIO'S - Wings: 15 pc Lemon Pepper (Boneless)	1	1220	650	73	12	0	195	5490	67	3	19	77
MAZZIO'S - Wings: 15 pc Lemon Pepper (Traditional)	1	1210	750	84	18	0	450	4260	28	2	19	88
MAZZIO'S - Wings: 15 pc Mach 1 (Boneless)	1	1050	560	63	11	0	195	3960	44	2	0	76

MAZZIO'S - Wings: 15 pc Mach 1 (Traditional)	1	1030	660	74	17	0	450	2730	6	1	1	87	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Mach 2 (Boneless)	1	880	390	44	8	0	195	4510	44	2	1	76	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Mach 2 (Traditional)	1	870	490	55	14	0	450	3270	6	1	1	87	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Mach 3 (Boneless)	1	850	360	40	7	0	195	4730	46	3	1	76	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Mach 3 (Traditional)	1	840	460	51	13	0	450	3500	8	2	1	88	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Mach 4 (Boneless)	1	850	350	39	7	0	195	4480	48	4	1	77	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Mach 4 (Traditional)	1	840	450	50	13	0	450	3250	10	3	1	88	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Spicy BBQ (Boneless)	1	910	340	38	7	0	195	3360	65	4	10	76	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Spicy BBQ (Traditional)	1	900	440	49	13	0	450	2130	26	3	10	87	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Sweet BBQ (Boneless)	1	910	340	38	7	0	195	3360	65	4	10	76	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Sweet BBQ (Traditional)	1	900	440	49	13	0	450	2130	26	3	10	87	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Sweet Memphis (Boneless)	1	1200	650	73	12	0	195	4550	62	4	14	77	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Sweet Memphis (Traditional)	1	1190	750	84	18	0.5	450	3320	23	2	14	88	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Thai Sweet Chili (Boneless)	1	950	350	39	7	0	195	3780	73	3	28	77	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Thai Sweet Chili (Traditional)	1	940	450	50	13	0	450	2550	34	2	28	88	Analysis for entire recipe
MAZZIO'S - Wings: 15 pc Wings of Fire (Local Favorite)	1	1150	770	85	23	0	300	1900	10	0	0	90	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Fiery Wings (Boneless)	1	1200	530	58	10	0	260	5610	66	4	2	102	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Fiery Wings (Traditional)	1	1180	660	73	18	0	600	3970	15	2	2	117	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Garlic Parmesan (Boneless)	1	1610	940	104	21	0.5	285	4650	60	3	1	111	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Garlic Parmesan (Traditional)	1	1590	1070	119	29	0.5	625	3010	9	1	1	126	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Lemon Pepper (Boneless)	1	1610	870	97	16	0.5	260	7020	86	4	22	102	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Lemon Pepper (Traditional)	1	1600	1000	111	24	0.5	600	5380	34	2	22	117	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Mach 1 (Boneless)	1	1380	730	82	14	0	260	5190	59	3	1	102	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Mach 1 (Traditional)	1	1360	860	96	22	0.5	600	3550	8	1	1	116	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Mach 2 (Boneless)	1	1170	520	58	10	0	260	5870	59	3	1	102	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Mach 2 (Traditional)	1	1150	650	72	18	0	600	4230	8	1	1	116	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Mach 3 (Boneless)	1	1130	480	53	9	0	260	6150	61	4	2	102	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Mach 3 (Traditional)	1	1110	610	67	17	0	600	4510	10	2	2	117	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Mach 4 (Boneless)	1	1130	470	52	9	0	260	5840	64	6	1	103	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Mach 4 (Traditional)	1	1110	600	67	17	0	600	4200	13	4	1	117	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Spicy BBQ (Boneless)	1	1210	460	51	9	0	260	4440	85	5	13	101	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Spicy BBQ (Traditional)	1	1190	590	66	17	0	600	2800	33	3	13	116	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Sweet BBQ (Boneless)	1	1210	460	51	9	0	260	4440	85	5	13	101	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Sweet BBQ (Traditional)	1	1190	590	66	17	0	600	2800	33	3	13	116	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Sweet Memphis (Boneless)	1	1600	870	97	16	0.5	260	5890	80	5	17	103	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Sweet Memphis (Traditional)	1	1580	1000	112	24	0.5	600	4250	29	3	17	117	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Thai Sweet Chili (Boneless)	1	1250	470	52	9	0	260	4970	95	4	35	102	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Thai Sweet Chili (Traditional)	1	1240	600	66	17	0	600	3330	43	3	35	117	Analysis for entire recipe
MAZZIO'S - Wings: 20 pc Wings of Fire (Local Favorite)	1	1530	1020	113	30	0	400	2530	13	0	0	120	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Fiery Wings (Boneless)	1	310	140	16	2.5	0	65	1660	18	1	1	26	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Fiery Wings (Traditional)	1	310	170	19	4.5	0	150	1250	5	1	1	29	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Garlic Parmesan (Boneless)	1	410	240	27	6	0	75	1190	15	1	0	28	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Garlic Parmesan (Traditional)	1	410	270	30	8	0	160	780	2	0	0	32	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Lemon Pepper (Boneless)	1	410	220	24	4	0	65	1980	24	1	7	26	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Lemon Pepper (Traditional)	1	410	250	28	6	0	150	1570	11	1	7	29	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Mach 1 (Boneless)	1	390	220	25	4	0	65	1500	15	1	0	25	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Mach 1 (Traditional)	1	380	260	29	6	0	150	1080	2	0	0	29	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Mach 2 (Boneless)	1	300	140	15	2.5	0	65	1770	15	1	0	25	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Mach 2 (Traditional)	1	300	170	19	4.5	0	150	1360	2	0	0	29	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Mach 3 (Boneless)	1	290	120	13	2.5	0	65	1880	16	1	1	26	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Mach 3 (Traditional)	1	280	150	17	4.5	0	150	1470	3	1	1	29	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Mach 4 (Boneless)	1	290	120	13	2.5	0	65	1750	17	2	0	26	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Mach 4 (Traditional)	1	280	150	17	4.5	0	150	1340	4	1	0	30	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Spicy BBQ (Boneless)	1	320	110	13	2.5	0	65	1200	25	2	5	25	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Spicy BBQ (Traditional)	1	310	150	16	4.5	0	150	780	12	1	5	29	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Sweet BBQ (Boneless)	1	320	110	13	2.5	0	65	1200	25	2	5	25	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Sweet BBQ (Traditional)	1	310	150	16	4.5	0	150	780	12	1	5	29	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Sweet Memphis (Boneless)	1	410	220	24	4	0	65	1600	22	1	5	26	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Sweet Memphis (Traditional)	1	400	250	28	6	0	150	1190	9	1	6	29	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Thai Sweet Chili (Boneless)	1	340	120	13	2.5	0	65	1410	29	1	14	26	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Thai Sweet Chili (Traditional)	1	330	150	17	4.5	0	150	1000	16	1	14	29	Analysis for entire recipe
MAZZIO'S - Wings: 5 pc Wings of Fire (Local Favorite)	1	380	260	28	8	0	100	630	3	0	0	30	Analysis for entire recipe
MAZZIO'S - Works Pizza (10" Gluten Free)	6	210	100	11	4.5	0	25	490	22	1	2	7	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Works Pizza (12" Original)	8	270	110	13	5	0	30	640	29	2	3	11	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Works Pizza (12" Thin)	8	180	110	12	5	0	30	6840	7	3	1	12	Analysis for 1 slice/8 slices per pizza.
MAZZIO'S - Works Pizza (14" Deep Dish)	10	400	190	21	7	0	35	800	38	2	3	13	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Works Pizza (14" Original)	10	300	120	14	6	0	35	690	32	2	3	12	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Works Pizza (14" Thin)	10	240	120	13	6	0	35	610	19	1	2	11	Analysis for 1 slice/10 slices per pizza.
MAZZIO'S - Works Pizza (9" Original)	6	200	90	9	4	0	25	470	20	1	2	8	Analysis for 1 slice/6 slices per pizza.
MAZZIO'S - Works Pizza (9" Thin)	6	160	80	9	4	0	25	420	12	1	1	7	Analysis for 1 slice/6 slices per pizza.